# Thank you for joining us!

Please help keep this protest peaceful!

Maintain a peaceful presence Do not engage with move away from agitators Stay grounded & de-escalate fellow protesters Report disruptive behavior to safety volunteers

Want to serve as a peace ambassador?
Email us at <a href="mailto:nonviolence.gandhi@gmail.com">nonviolence.gandhi@gmail.com</a>
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## **De-Escalating a Conflict**

Calm yourself and get centered.

**L**isten actively to understand the other person's truth. Use open body language, a calm demeanor, and a low voice.

Affirm a concern or feeling expressed that you can understand. Try to find common ground.

Respond respectfully and directly to the issue.

Add information or to redirect the conversation.

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